



SafeBot

Supporting Adolescents' Feelings & Emotions through a chatBOT for a Whole-School Approach to Students' Emotional Education and Well-being



WELCOME TO THE SAFEBOT WORLD!

With this newsletter, we are launching a series of regular updates on the **SAFEBOT project**: we will take you through, step by step, how the project is progressing and what you can expect over the next 24 months.

WHAT IS SAFEBOT?

SAFEBOT is an Erasmus+ project to **promote emotional well-being in schools through a whole-school approach**, innovative teaching methodologies and an anonymous, student-friendly chatbot offering reliable guidance and support.

Our goal is to **equip teachers** with practical resources to foster **emotionally supportive learning environments for all students** and empower them to **critically navigate misinformation** on mental health and emotional education.

We want to **create safer, more inclusive and emotionally supportive schools** across Europe.



WHAT HAVE WE DONE SO FAR?

The project partners - Colegio Ferroviario Alhucema, Córdoba Es Europa, Euphoria Net, Logopsycom, the Centre for Social Studies of the University of Coimbra, the Association of Psychologists in Bulgaria, and Secondary school n°16 "Take Ionescu" Timișoara - are working hard to produce the **first resources of the project**:

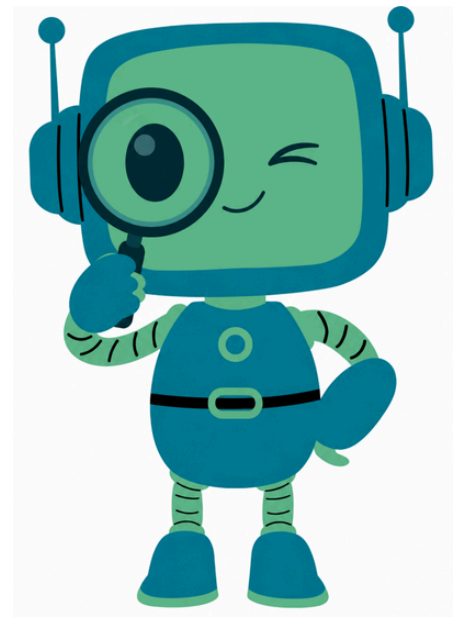
- The **SAFEBOT Teachers Toolkit**, including a **Mini-Guide** on how to implement a whole-school approach for wellbeing and emotional education with best practices collected across Europe, and **20 ready-to-use pedagogical sequences**.

These resources aim to support schools and teachers in **integrating emotional education and well-being into everyday teaching and school life**.

As part of the initial research phase to assess the current state of wellbeing and emotional education in school, project partners conducted a **cross-country study targeting both teachers and students**, reaching an impressive number of participants:

- ✓ **170+ Teachers**
- ✓ **260+ Students.**

These findings provide a strong foundation for the project's future work.



In December, project partners also met in Córdoba, Spain, for the **first transnational project meeting**, marking the official start of the project!

During the two-day meeting, partners discussed the project's objectives, timeline and upcoming activities for the next two years.

Stay tuned for future updates on the SAFEBOT project!

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